



MOVING
forward

There's no question that 2018 -19 was a year of dramatic, often turbulent events for the people of Kerala. The unprecedented flood has upended the conventional activities at every turn. Despite we were little delayed to start, we captured the breath of campus life soon.

Department of Youth Welfare is a formal platform in the University to design and implement youth policy which includes the issues related to motivation, participation, promotion and socio-economic and cultural settings within which young people grow up. The Department acts as a supporting force for the students and youth community to epitomize their academic excellence through doing and learning. The Department is conducting short-term training programmes in the areas of arts, soft skills and personality development with an objective of achieving 4 C's – Competence, Creativity, Confidence and Compassion.

Throughout this report, you will find a picture of the activities that the Department of Youth Welfare organized last academic year, stories of the remarkable people and a campus that we really dream at every moment. This year, our team travelled a lot, invited to many festivals and worked together for a better learning experience. As Charles Darwin rightly marked, *'It is the long history of humankind (and animal kind, too) that those who learned to collaborate and improvise most effectively have prevailed'* and hence, we prevail.

We are indebted to many people who supported us during the last year. The Honorable Vice Chancellor and Members of the syndicate greatly inspired us both officially and personally in every activity. We are grateful to Dr. R Sasidharan, Vice Chancellor of the University, for his constant encouragement, understanding and continuous support. We are grateful to Dr. J. Letha, Former Vice Chancellor, Dr. P.G Sankaran, Former Pro-Vice Chancellor, Dr. David Peter, Former Registrar and all members of the former syndicate for providing invaluable support throughout the year. Dr. K.N Madhusoodhanan, Professor in charge of Registrar and Dr. Sunil Narayanankutty, Controller of Examinations were a great support. We would also like to thank Dr. Sasi Gopalan, Chief Warden; Heads of various Departments / Directors of Schools and Principals, School of Engineering and CUCEK for their great interest and support in all the activities.

On a personal note, I would like to appreciate the full support received from the entire teaching and non-teaching community. The most important stake holder of the Department is students. Without their unconditional support, tolerance and love we might not be able to move a step forward. Their enthusiasm forced me to take challenges and think about further activities.

31.03.2019

Director.

JUSTICE (Retd.) P. SATHASIVAM
GOVERNOR OF KERALA



RAJ BHAVAN
KERALA

28 December 2018

MESSAGE

I am very happy to know that Cochin University of Science and Technology, Kochi proposes to conduct various programmes in connection with the 150th birth anniversary of Mahatma Gandhi during the month of January 2019.

It is commendable that the highlight of the Celebration will be the **Back to Village** programme, which would give our youth a clear picture of rural and tribal life through meaningful social interactions.

I compliment everyone behind this venture and wish the programme all success.

A handwritten signature in black ink, appearing to be 'P. Sathasivam'.

[Justice (Retd.) P. Sathasivam]

RC
31/12/18
Vice-Chancellor

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Tree Care Week

Plant, Preserve & Celebrate

Keep a Green Tree in your heart and perhaps a singing bird will come. -Chinese Proverb.

The Department of Youth Welfare observed July 23rd to 28th July 2018 as Tree Care Week under the Swachh Bharat Abhiyan Scheme at CUSAT. The objective of the programme was to create awareness among the students about the importance of environmental concern. Many groups, Departments and organizations have been planting trees in the campus and different parts of the state every year. However, the trees planted were not checked or taken care of after the much celebrated planting. Hence the Department of youth Welfare planned to observe a week for caring the trees in the campus. The slogan of the programme was the Chinese proverb ‘Keep a Green Tree in your heart and perhaps a singing bird will come. Doing activities through students is an academic activity which creates concern over better mankind, better future.





Objectives of the programme

- To check the saplings planted last year, remove the bottlenecks and ensure that the trees will be grown properly by removing climbers, adding manure, cleaning the area and to build a culture of caring trees with students' participation
- To plant new fruit plant saplings / flowering saplings at various places of the campus with proper guarding and maintaining system.
- To organize continuous programmes in association with NSS, various Departments and stakeholders of the University to make the campus more student friendly and environmental sensitive.

The programme started at 03.00 pm on 23.07.2018. The students checked the variety of mango saplings planted last year near *Nalukettu coffee house*, removed the climbers and ensured that the trees will grow properly and added manure. It was an experience for the students to work in a new culture which enabled them to understand the value of let living in the Universe. Every day after the classes students assembled together and discussed on various issues on environmental protection, caring trees and the value of working together.



The next day onwards students worked in groups after the regular classes. We have purchased high yield mango plants, jack fruits, flowering trees, bamboos and planted it in an exclusive area of the campus, which will be developed as a diversity park in the campus. We have continued the same exercise, clearing the weeds, add manure and replaced few plants which impaired last year. We have planted few bamboo plants near the student's amenity centre, which will add beauty to the area and also planted few trees in different parts of the campus. Every day after food, students discussed on various issues related to nature, life and campus. In continuance of the discussion the students suggested the following proposals for implementation in the University.

- The Department of Youth Welfare has completely shifted to the mode of Green Protocol.
- Awareness boards and waste bins separately for paper and plastics are installed at students amenity centre.
- Complete ban of flex boards and use of plastic bags in the campus is recommended.
- Using recycled papers for the entire university will reduce the pressure of tree cutting. A proposal will be given to the University for promoting the use of recycled papers. The department of Youth Welfare has already started using recycled papers.

The programme was a different experience for the students of the University. The concern of environment is directly linked to the development of the country. Students learned the lessons of importance of trees, cleanliness, leadership, team spirit and the value of work. Every tree planted in the University will provide numerous environmental, economic, social, health and cultural benefits. The event was a learning experience for the students of the University at practical as well as at policy level regarding the importance of tree care, environmental protection and cleanliness. As Maggie Stiefvater said 'If I were a tree, I would have no reason to love a human' was the motto of the campaign, which changed the view of the students about human value. The programme was concluded on 28.07.2018. Dr. P.K Baby, Director, Students Welfare coordinated the programme.



Flood Relief Initiatives

1. FLOOD RELIEF CAMP

Date

- 16.08.2018 afternoon to 24.08.2018 morning.
- Documentation of inmate details done and compiled properly.

Total Inmates

TOTAL	Number of Families	Male	Female	Kids under 2.5 years	Below 18 Years	No. of Volunteers
2459	981	1274	1185	49	571	600



Food

Food Supplied by Navy Kitchen	Food received from Outside
For 1,05,828 persons	For 1450 persons

Food supplied to nearest 6 relief camps.





2. My SCHOOL KIT

The Pro-Vice Chancellor of the University handed over Rs. 100000 (Rupees One Lakh Only) to the Government High School Eloor for buying uniform to the affected students. The fund is raised by the University community and alumnae. Also the alumni team handed over 40 school bags, note books, pencils and identity cards to the students of Government L.P School Eloor. Expenses was sponsored by alumnae of Apollo tyres.

3. CHEKKUTTY production training workshop

CUSAT organised a chekkutty production training workshop at University for karimpadam Handloom Wevers Co – op Society, Chendamangalam, Nrth Paravur. The amount collected from the sale of Chekkutty transferred to the account of the Society. Participants from various near by organisations attended the function.



34th South Zone Inter University Youth Festival

Cochin University of Science and Technology bagged 13 prizes in the 34th South Zone Inter University Youth Festival organized by the Association of Indian Universities (AIU) and Ministry of Youth Affairs and Sports, Government of India held at Sri Padmavati Mahila Visva Vidyalayam (Women's University), Tirupati, Andhra Pradesh during 07 - 11 October 2018. A team of 40 contingents under the leadership of Dr. P K Baby, Director, Department of Youth Welfare participated in the programme. Dr. N Biju, Professor, School of Engineering, Dr. P Mythili, Associate Professor, School of Engineering and Smt. Aruna Kylas, Section Officer accompanied the team as staffs in charge. The team started from the campus on 06th October 2018 and reached back on 12th October 2018.





Prizes

- Runner-up Literary Events
- Runner-up in Fine arts

First Positions

1. Quiz
2. Photography

Second Positions

3. Western Instrumental Solo

Third Positions

4. Western group song
5. Indian group song
6. Debate
7. Poster Designing
8. Mehndi.

Fourth Positions

09. Classical Dance
10. Elocution
11. Western vocal solo

First, Second and Third positions are selected to participate at National Inter University Youth Festival at Chandigarh University, Chandigarh, Punjab in February 2019.







150
YEARS OF
CELEBRATING
THE MAHATMA



back to Village
Education through Experience

*‘This can only be done if the youth of the country will settle down to village life. And if they will do this they must reconstruct their life and pass every day of their vacation in the villages surrounding their colleges or high schools and those who have finished their education or are not receiving any should think of settling down in villages’ --
-----Mahatma Gandhi - Young India, 07th November 1929.*



The social formation of Kerala depends on three components – tribals, villages and towns. The lack of understanding on the first two components is a major lacuna of the present young generation. In this context, forty selected students of Cochin University have visited Variyam tribal colony at Edamalayar Range at to experience beyond class room learning during 28th to 31st December 2018 as part of the programme ‘Back to village: education through experience’ organized by the Department of Youth Welfare, Cochin University of Science and Technology. The visit was inspired from the thoughts of Gandhiji who firmly believed that self-reliant villages form a sound basis for a just, equitable and nonviolent order and hence the camp was scheduled as part of 150 years of celebrating Mahatma. The main objective of the programme was to understand village life and learn values of self-reliance, work and togetherness in village commons. The other objectives were to visit tribal habitats, villages and interact with people as live case studies and learn lessons from them on resource use, means of livelihood, poverty, value system, language, social life and cultural life of socially and geographically marginalized groups using unstructured participant observation models / qualitative research methods. Dr. Anoop from Community Health Centre, Smt. Kanthi, Member of Kuttampuzha Panchayath, Dr. P.K Baby, Director, Department of Youth Welfare, Smt. Amrutha, Assistant Matron, Smt. Arya, Assistant matron and three forest officers accompanied the team.



Muthuvans are one of the 36 notified tribes of Kerala. At present, the Muthuvans are scattered across forest areas of Idukki District, especially in Marayoor, Mankulam, Kuttampuzha,

Pooyamkutty and Edamaakudy. The main classifications of Muthuvans are Muthuvan, Mannan and Arayan. They follow divisions within themselves. *Kaanikkaran* is the headman of the tribe and its inheritance is hereditary. Next is the *Mooppan* which is equivalent to the present-day minister. *Mooppan* is elected by rest of the people. Agriculture is their main source of livelihood.



There are several versions relating to the origin and settlement of *Muthavans* in the Kerala region. One of the oral histories hearsay is that the Muthuvans escaped from the callous reign of the *Pandyan* era. Another version goes like this, the wrath of goddess Meenakshi fell upon Mathura and the city burnt. During this time, the then inhabitants carried the statue of goddess Meenakshi on the *muthukku* (shoulders) which gradually earned them the name *Muthuvans*.



Family System, Culture and Practices.

They have a complex and secret clan system even though it is not practiced much rigidly at present. Mainly two types of classification are there – Pandi Muthuvan and Naatu Muthuvan. Pandi Muthuvans are more inclined to the Tamil culture and its traces visible in the Tamil manners of dressing, language, etc. Whereas Naatu Muthuvan are more bent towards the Kerala culture.

One of the main distinguishing factors of the Muthuvans from other tribal groups is their nature of isolation. The families do not live in groups instead each family maintains a distance from the other. Privacy of families is upheld here. Unlike the common culture prevalent in the

Indian patriarchal system where the married woman leaves to her husbands' house, both the newlyweds' finds and shifts to a new *kudi* within the clan.



Economy and Resources

The members of the community are mainly engaged in agricultural activities. They are totally dependent on the forest for their livelihood. They practice shifting cultivation. They look for fertile lands and do cultivation there, by settling near the land. Bamboo, coffee, arrowroot, honey and other non-timber forest products are the main sources of income for the community. A few are also engaged in animal husbandry. Some of them are manual laborers in the nearby town.

The importance of forest resources is evident from the construction of 'kudis.' They build their huts using mud, reed and bamboo. Dogs are tamed by most families. Dogs alert the families once wild elephants enter the village.

Provision of drinking water is their major concern, especially during summer seasons. They obtain water from the mountains and from small pits dug in marshy lands.

Custom

Saami ootu is their main festival. Once in every year, all clans join to celebrate *saami ootu*. Women wear traditional dresses paired with their authentic ornaments, men make up their faces in certain designs, dance to songs and use their traditional instruments. *Udumbisi* is a musical instrument that forms a major part of this festival.

Chavadi and *Thinnaveedu*, the sleeping quarters (dormitories) are found in every clan for boys and girls respectively above 10 and below 18 years of age. *Urumalkettu* is a ceremony for boys of the age 12-16 where they are made to wear *thalappavu* for the first time. Similarly, *Kondakettu* is seen among the girls of age of 11-12 where they are allowed to wear *melpudava*. Girls during menstruation period stay in separate huts or sanitary complexes and are devoid from moving outside. Usually Muthuvans hesitate to disclose their cultures to outsiders.



Muthuvans consider death as an integral part of life. Once a death occurs, none of the Muthuvan from the *kudi* would work for next 3 days. Old people remove their *thalappavu*, thus symbolically representing a bad news. Each *kudi* has a *Chudalapparambu* (cremation place) where women are not allowed to go. They bury the body with all jewels. The Muthuvans doesn't have a specific religion, but they have small temples that are renovated every year. They also celebrate *Pongal* and *Onam* and animal sacrifices are common among the community.

Marriage

Their marriage includes several rituals and ceremonies. Men find a bride who suits him from the family itself. He has to get permission from the family members. After his bride along with her friends will go and hide in the forest and groom has to find out bride. Another ritual related to marriage is that a married woman should wear two necklaces. The community follows endogamy. Those marry outside the community are ousted from the colony. But people are permitted to marry from another colony if the couple are ready to reside at Variyam colony itself. The newly married couple stay at separate houses and it is a well established custom that they have to pay compulsory visits to their parents and cook food for them. Marriage could be seen as their most interesting custom.

Education

There is anganwadi facility for children of age below 4. Primary education is available to students from Govt. Lower Primary school. The children of this community are sent to Model Residential School (MRS) after they pass the test. Girls belonging to this community are mainly seen to drop their studies mostly after 8th to 10th grade. Menstruation is cited as the major reason. Also, most families are seen reluctant to send their girl children for higher studies as they still believe girls to be confined to the walls of the house.



Food, Health and Hygiene

The primary food item of the Muthuva are white rice and curry made solely out of leaves, They also use tapioca and other tubers too. They consume fish and chicken, but cattle rearing is not practiced widely because of the attack of predators. All these food items are grown by themselves, we saw only a single shop there selling products from outside, which shows they don't depend on them. For health care they are mainly self-dependent, using traditional medicines and practices. If not, their only option is to get to Kuttampuzha town or Kothamangalam for modern healthcare. Generally they follow good personal and social hygiene, every home was well kept and tidy. They are yet to practice the use of sanitary pads and they are not even available in shops. There are separate sheds for child birth as well as to accommodate women during menstruation. The premises are kept clean by the community. Medical camps and Vaccination programs are conducted by the government and NGOs.

Role of Women

Even though girls are allowed to go to school, after their first menarche they are not exposed to outside people. Most of the men are addicted to liquor, women struggle a lot. During the menstrual period they have to move to chavadis (separate sanitary complex) and they are not allowed even to see a man. Five to six families use a single sanitary complex which was made up of bamboo earlier but now has renovated them with bricks. Even the birth of a child which is the most important event in a woman life is done in that place, since hospitals are located at Kothamangalam, so that they could not reach there timely which is very pathetic.

Women can be considered the silent supporters of the community. They play an integral role in the continuance and inheritance of their culture from providing basic lessons of their culture to the maintenance and obedience of them by their family members. Women also contribute much to their earnings by helping out in cultivation to collecting logs. Women walk out to large distance to collect logs for the purpose of cooking and to fetch drinking water. In general, a traditional patriarchal society.

Conclusion

It is clear that the Muthuva community keeps up a long preserved culture, lifestyle and also to know how diverse a tribal life is from the city life. The Muthuvans were satisfied with their simple lifestyle. Still on our interactions with them we got to know that they have two main requirements – to have a proper drinking water system and to have a health center for their own. Though it is their long-preserved culture that distinguishes them from the common people, we felt some of the practiced culture to be outdated and require a change. Menstruation is still considered to be a taboo among them which needs to be changed. Considering their life, customs, attitude and culture, one can say that tribal dwellers have a crucial role in deciding the environment and health of modern human being. As Mahatma observed, *‘We have to concentrate on the village being self-contained, manufacturing mainly for use. Provided this character of the village industry is maintained, there would be no objection to villagers using even the modern machines and tools that they can make and can afford to use. Only they should not be used as a means of exploitation of others.’*





All Kerala Inter University Elocution Competition

Department of Youth Welfare, Cochin University of Science and Technology has organised an All Kerala Inter-University Elocution Competition in connection with the 150th birth year of Mahatma Gandhi at Hindi Auditorium, University campus on 14.01.2019. The topic of the elocution was 'Gandhian Alternatives for Tomorrow' (कल के लिए गाँधीवादि पर्याय). Seven Universities from the State registered for the event. Mr. Kashinath from University of Kerala secured first position with trophy and cash award worth ₹5000. Ms. Harsha Joy from Kerala University of Health Sciences secured second position with trophy and cash award worth ₹3000.



Ms. Jeethu George from Mahatma Gandhi University secured third position with trophy and cash award worth `1000. Dr. Sheela Srivastva, from Nehru group of Institutions, former national winners Ms. Adv. Krishna S, Office of the Assistant Solicitor General and Ms. Minna Jose, Rajagiri Institutions evaluated the competition. Dr. R Sasidharan, Vice Chancellor distributed prizes to the winners on 21.01.2019. Dr. N Chandramohanakumar, Member Syndicate, Dr. N Madhusoodhanan Registrar, Dr. P.P Vinod, Director IRAA, Dr. Rajithakumar, Finance Officer and Dr. P K Baby, Director, Department of Youth Welfare spoke on the occasion.







9th Indian Student Parliament, Pune.

Bhartiya Chatra Sansad is the largest classroom of the world which is revolutionizing young generation to enter public life through politics, with a defined purpose to build nation. The vision of BCS is to create ethical, spirited and competent public leadership in the country which will shape the Indian Policies, make democracy vibrant and bridge the chasm between the way of governed today and the way actually want to be governed.

Three students from our University were selected to participate in the 9th Bharathiya Chhatra Sansad (Indian Student Parliament) at MIT campus Pune. The 9th BCS was inaugurated on 18th January 2019 by ringing the bell as a symbol of democracy. Sri.P.Ramakrishnan Honorable Speaker of Kerala State Legislative Assembly, shared the news of diamond jubilee celebration of Kerala State Legislative Assembly. In the inaugural session, the legislative assembly speaker award is conferred to Sri.Biman Banerje, Honorable speaker of West Bengal.

The various sessions of the BCS were:

Fake news and social media: A Lethal Combination

The first session of BCS 2019 was on the topic ‘fake news and social media; as lethal



combination’. Prof .Dr. V. L. Pharurkar Honorable Vice Chancellor Tripura University, Sri. Haji Anayat Ali Honorable Chairman of Jammu and Kashmir Legislative Council and Sri Amitabh Sinha science writer, presented their perspectives on social media and fake news.

Youth to Youth Connect

After the discussions, tasks were given on ten different topics: political process in India: maximizing youth engagement, youth and its role in preserving diversity of India, ways of making education student friendly, tackling the means of corruption, Demographic Dividend – Harnessing India’s Potential, 377-Role of sensitizing the society, Ideas for New India, yoga, ayurveda, music - maximizing India’s soft-power, casteism, corruption and Nepotism –finding solutions are the topics taken for youth to youth classroom discussions.

The second day of the BCS worked out discussions on three topics:

- **Indian Economy: Post Demonetization and GST,**
- **Curbing Crime against Women: What celebrities and social icons can do (#me too),**
- **One nation-One Election.**

Sri.Devendra Sharma former MP, journalist in Indian Express and Agriculture Scientist explained the problems of agricultural field of India and agricultural bank loans. Mrs.Arundhathi Battacharya retired Indian banker and former Chairman of the State Bank of India talked on the topic in the light of her personal experience as a bank officer during demonetization and GST.

In the background of the viral hash tag #metoo the topic ‘Curbing crime against women: what celebrities and social icons can do’ got greater focus. Mr. Sabu Thomas Vice chancellor MG University, Rajeev Bindal the speaker of Himachal Pradesh Vidhan Sabha and a Fifth Consecutive term member of the HP legislative assembly, Brinda Karat politician and the first woman member of the CPI(M) Politburo, Naguma Moranji politician and former actress, Tripti



Desai, Indian political activist and the founder of the Bhumata Brigade, a Pune-based social activist organization were the delegates who spoke in the occasion.

The afternoon session energized on the topic one nation one election. Student leaders and political leaders talked their views on the topic ‘one nation – one election’ for and against. Mr.Raghunadh Singh

Chouhan politician and he is current MLA in the Uttarakhand Legislative Assembly representing Almora constituency, Mr.Vivek Agnihotri Secretary General at Rajya Sabha, Mr.Sankar sing Vakhela former Chief Minister of Gujarat are the politicians who talked the speciality of Indian election methods and its pros and cons.

The Third day of the BCS worked out discussions on three topics:

- **Casteism and corruption: Biggest Blots in Indian Democracy**
- **Judicial Turmoil: Disquiet and Dissent of Indian Judiciary**

Mr. Viswanadh Karad explained that the corruption is not bounded in financial corruption itself, but it is a mind-set that plays in every situation. Casteism may be the matter of skill set in olden



days, but it became the worst format then. It exists inside the minds of highly educated brains still now. Spiritual leaders of different cultures Sri.Salmankishy, Vaibhavasri, Sri. Said Ajmal were honoured with this in the session. Sri said Ajmal said that the youth have to travel and feel different culture to know the soul. Vaibhavasri said that the science of material science and spiritual knowledge of soul both should be balanced to create happy life.



Mr. Jignesh Mevani, Member representing Vadgam constituency in Gujarat Legislative Assembly expressed his views on existing casteism in Gujarat. Prof. Prakash Joshi presented the effect of population explosion of India and its effects. Registrar of MIT WPU

explained about student election program as a part of BCS.

The last session of BCS 'Judicial Turmoil: Disquiet and Dissent of Indian Judiciary' which was the hottest topic in the whole sessions. Adv. Prasanth Bhushan, Public Interest Lawyer in the Supreme Court of India and an activist. India's one of the leading motivational speaker Mr. Minocher Patel took a small presentation 'Ordinary to Extraordinary.'

Valedictory Ceremony

Dr. Abhay Firodia, Chairman of Force Motors, Mrs. Vandana Shiva, environmental activist, food sovereignty advocate, and alter-globalization author and Mr. Ilayaraja, Music Composer were attended in the valedictory session. Vandana Shiva the environmental activist showed her views by introducing the book 'Soil Note as a Solution for Eco-Friendly Agriculture and Economically Viable Agriculture'. Dr. Raghunath Anant Mashelkar, also known Ramesh Mashelkar, an Indian chemical



as

engineer and a former Director General of the Council of Scientific & Industrial Research told how to be the path way of thought leadership to action leadership. The valedictory ceremony end with taking oath and binding the Bond of Solidarity a symbol of unity the tricoloured 'Eka Sutra'. Dr. P K Baby, Director Students Welfare accompanied the team as team manager.



45th Kamalnayan Bajaj Memorial National Inter University Elocution competition

Students from four corners of our country converged at Wardha to experience the diversity of our land, values and societal issues as part of the 45th Kamalnayan Bajaj Memorial National Inter University Elocution and Quiz competition. Ms. Bisna Chandran, S4, BBA LL. B Student of the University participated in the 45th Kamalnayan Bajaj Memorial National Inter University Elocution and Quiz competition held at Wardha, Maharashtra during 22nd and 23rd January 2019. Around 40 Universities all over the country participated in the event. There were also cultural events like dance, song, poems to understand the wide cultural diversity and heritage of the Country. Participants experienced about the importance of Gandhiji's and Vinoba Bhave's life and the prospects achieved by them through different movements. It also exposed the students to the world of Gandhian alternatives with respect to the present-day life. Smt. Smitha C.T, Office Superintendent (H.G), Department of Youth Welfare accompanied the team as staff in charge.



CUFest 2019

34th Inter - University National Youth Festival

The cultural team from Cochin University of Science and Technology bagged 13 prizes in the 34th South Zone Inter University Youth Festival organized by the Association of Indian Universities (AIU) and Ministry of Youth Affairs and Sports, Government of India held at Sri Padmavati Mahila Visva Vidyalayam, Tirupati, Andhra Pradesh during 07 - 11 October 2018. The first, second and third positions were selected participate in the 34th Inter University National Youth Festival at Chandigarh University, Chandigarh, Punjab during 01 – 05, February 2019.





The team under the leadership of Dr. P.K Baby, Director, Students Welfare, Department of Youth Welfare, Dr. P. Mythili, Associate Professor, School of Engineering and Mrs. Aruna Kylas, Section Officer grabbed the following prizes.

First

1. Group Song Indian

Second

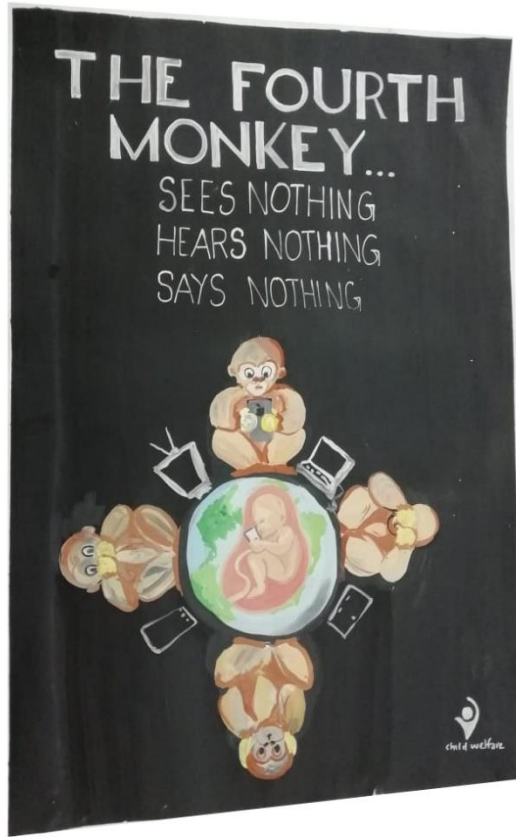
2. Photography

Third

3. Western Instrumental Solo

The team started from the campus on 29.01.2019 AN and reached back on 09.02.2019 FN.







Model United Nations is a competing stimulation or a conference through which students, by a stimulating body of United Nations, learn about diplomacy, effective communication, international relations and politics, and the universe of UN in general. The first edition of the Cochin University of Science and Technology Model United Nations (CUSAT MUN) organised by the Department of Youth Welfare, Cochin University of Science and Technology, held at Thrikkakkara Campus during 08th to 10th February 2019. The theme of the CUSAT MUN was *'holistic exposure to various perspectives of international and national issues, along with a dais for young diplomats to express and hone their diplomatic skills'*.



The CUSAT had extended its arms to delegates from around the nation and succeeded in its mission grabbing 176 delegates, consisting three committees - the United Nations General Assembly- Disarmament and International Security Council (UNDISEC), United Nations

Human Rights Council (UNHRC) and All India Political Parties Meet (AIPPM) and International Press (IP).



The first day started with an inaugural ceremony that was held at the School of management studies, CUSAT. The ceremony began at 10:00 a.m. and was graced by the honorable Vice Chancellor of the University, Prof. (Dr.) R. Sasidharan and the Director of Youth Welfare Dr. P K Baby. The Vice Chancellor expressed his immense delight at having the opportunity to host this national level conference. He vocalized how this venture would be another feather in the University's cap. Mr. Joel Jimmy, Coordinator of CUSAT MUN, appreciated the efforts of the organizing committee whose blood and sweat lead to making CUSAT MUN 2019 possible. By 10:45 a.m. the formal event concluded with a vote of thanks delivered by the Under-Secretary General of Delegate Affairs, Ms. Aparna Subramanian. The delegates were then directed to move towards the various venues hosting their respective committees.

UNGA DISEC

The first session of United Nations General Assembly Disarmament and International Security Committee (UNGA DISEC), with 70 Delegates, started by 11:00 a.m. by considering the agenda 'Discussing Military Intervention in Conflict Areas and Weaponization of Aid with Special Emphasis of the Yemen Crisis', with an Unmoderated Caucus, followed by a mock session. The committee, chaired by Siddhant Mukherjee, co-chaired by Anindhya Sidhanth and Director George Sam Philip.



The first and second session of the second day of conference at the United Nations General Assembly Disarmament and International Security began with an Unmoderated Caucus. Committee also had an entertainment session where Delegates could write anonymous chits to other Delegates as well as the Executive Board, which would be read aloud by the EB. The session served as a platform for refreshment and helped in fostering relations among the delegates. The session was dispersed by 5 p.m.

The first session of the third day began at 10 a.m. in the morning, which included the press conference of the International Press presided by Ms. Reema Ann Roy and Secretary General of the MUN, Mr. Safal Tom. Mr. Firdouse, Mr. Pranav and Ms. Seethal were the Journalist Delegates present.

All the Delegates of UNGA DISEC cooperated and participated in the press conference with diplomacy and brought in best efforts from their part.



UNHRC

UNHRC committee was co-chaired by Mr. Vaishakh G. Dutta and Mr. Sangeeth C Shajan along with the Director, Mr. Mukund Rajesh. Since the delegates were new to the formalities of the Committee the Executive Board decided to conduct a familiarization session and in which the board explained how UNHRC works, which was conveyed well.

The second day of CUSAT MUN '19 started off with discussions by the delegates using the General Speaker's List (GSL). The Delegates of Germany, Nigeria and Ethiopia put forth their opinions regarding the crisis following which a motion for a Moderated Caucus was raised by the Delegate of Bangladesh regarding discussing the solution to the crisis and was passed with a majority vote. The main attraction of the second day's council was the guest appearance by the Representative of Rohingya Community which indicated the relevance of the agenda.

The Representative of Rohingya Community expressed in detail what the people of the region faced on a day-to-day basis and went ahead to express his grief over the current situation, following which he opened the floor to questions. A heated debate between the delegates of various countries and the representative took place. The afternoon session commenced with a motion which was approved by majority. Solutions for the Rohingya issue were framed by the delegates in this session.

The much-awaited session of the three day event, the press meet started off on the third and final day at around 12:00 PM. The reporters chose to put forth a large number of questions to the Delegate of Myanmar, all of which were answered accordingly. The Delegates of India, Russia, China and UAE too were asked questions, to which apt replies were given. Due to time constraints the session was concluded by 12:20 p.m. And after Lunch, the Draft Resolution of solutions were discussed and voted upon, which was passed with a clear majority.



AIPPM

AIPPM committee was hosted at seminar hall of School of Legal Studies at 10:00 a.m. The very first session began with a brief introductory session where the Executive Board shed light on their qualifications. Mr. Rohith Santhosh, fifth-year law student from VIT School of Law with around 40 MUN experience of which for 28 he served on the EB and 16 of which were AIPPM committees, served as the moderator of the committee. Armed with the experience of having been part of numerous MUNs, Ms. Joanna Joseph, a final year Mechanical student from SRM IST, was the Deputy Moderator of the committee. Mr. Nithin Sudhakar, third year law student from NUALS Kochi, served as the Scribe. This was followed by an ice breaking session and the delegates were given freedom to choose their seats along with their political allies. The basic concepts of MUNs were explained to the delegates since the committee was constituted by first timers. By 12:20 p.m., the session started and aimed at introducing the delegates to the basic working of the committee. The committee after lunch recommenced at 2:45 p.m. and GSL was resumed. The second and last session for the day turned out to be an awe-inspiring spectacle of debates.

The session for the day began at 10:00 a.m. where, in the absence of the moderator and deputy moderator, the scribe conducted the inevitable roll call where the total number of delegates was recorded at 41, hence marking the formal beginning of the committee for the day. The committee discussed the issue of Sabarimala entry. The speeches continued till 11:10 a.m. after which they broke for tea. The second day of committee put forth to the delegates how the fiery debates and

ruthless answers and retorts were the gist and essence of the committee and that the success of the committee lay entirely upon the hands of the delegates as it was their wholehearted participation which constituted the soul of the committee.



On the 10th of February which marked the last day of the committee at 12:30 p.m. the official press conference at the AIPPM committee was conducted by the domestic press. The head of the International Press, Ms. Reema Ann Roy, a final year MA Journalism and Communication student at St. Joseph's College of Arts and Science, presided over the session. The delegates made for a very attentive and perceptive crowd. As the press members for for the AIPPM committee, reporters put forth the questions to various delegates of the committee. The press conference helped both the delegates themselves as well as the domestic press members representing the larger public understand the clear positions the various delegates held regarding the two agendas that had been discussed in the committee over the past 2 days.

The night of the second day, the 9th of February was dedicated to a social night, to help the delegates and volunteers alike mingle and get to know each other. A live band added soulful music to the occasion, marking it as one to remember. After this, performances by the delegates and members of the EB took place. All those present enjoyed themselves and left behind the tautness of their committees and kicked off their shoes. Good food added to the gaiety of the

occasion, with all present expressing their satisfaction with it. The night succeeded in what it had set out to- to help a group of individuals form companionships.



At 4; 30 p.m. on the 10th February, the maiden edition of CUSAT MUN 2019 witnessed its formal culmination. Mr. Joel Jimmy, the Co-Ordinator, Mr. Safal Tom, the Secretary General and Mr. Jerry Peter, Director General, dignified the dais. The delegates were excited and nervous awaiting the results of their hard work over the past three days. The following were the recognitions awarded: Best Delegate, High commendation, Special Mention, Honorable Mention, and Verbal Mention. The delegates were exhilarated when they heard the results from the members of the Executive Board. Regardless of their victory or loss, all the participants and volunteers alike had succeeded in making memories and new friends who shared similar opinions and who they all hope to meet at some time in the future.

Malayala Manorama 09/02/19



കൊച്ചി സർവകലാശാലയിൽ മോഡൽ യൂണിറ്റ് സമ്മേളനം. വൈസ് ചാൻസലർ ഡോ.ആർ.ശശിധരൻ ഉദ്ഘാടനം ചെയ്യുന്നു.

കുസാറ്റ് 'മോഡൽ യൂണിറ്റ്' നാളെ സമാപിക്കും

കളമശ്ശേരി • കൊച്ചി സർവകലാശാലയിൽ യുവജന ക്ഷേമ വകുപ്പിന്റെ നേതൃത്വത്തിൽ ആദ്യമായി നടക്കുന്ന മോഡൽ യൂണിറ്റ് നേഷണൽ (കുസാറ്റ് മൺ) വിദ്യാർത്ഥികളുടെ പങ്കാളിത്തം കൊണ്ടും ചർച്ചകൾ വന്ന വിഷയങ്ങൾ കൊണ്ടും ശ്രദ്ധേയമായി വൈസ് ചാൻസലർ ഡോ.ആർ.ശശിധരൻ ഉദ്ഘാടനം ചെയ്തു. യുവജന ക്ഷേമ വകുപ്പ് ഡയറക്ടർ ഡോ.പി.കെ.ബേബി അധ്യക്ഷത വഹിച്ചു. അപരിണ സുബ്രഹ്മണ്യൻ എന്നിവർ നേതൃത്വം നൽകുന്ന മോഡൽ യൂണിറ്റ് നേഷണൽ (കുസാറ്റ് മൺ) നാളെ സമാപിക്കും.



മോഡൽ ഐക്യരാഷ്ട്രസഭ വൈസ് ചാൻസലർ ഡോ.ആർ.ശശിധരൻ ഉദ്ഘാടനം ചെയ്യുന്നു.

കുസാറ്റിൽ മോഡൽ ഐക്യരാഷ്ട്രസഭ തുടങ്ങി

കളമശ്ശേരി • യുവജന ക്ഷേമ വകുപ്പിന്റെ നേതൃത്വത്തിൽ ആദ്യമായി നടക്കുന്ന മോഡൽ ഐക്യരാഷ്ട്രസഭ സഭ വൈസ് ചാൻസലർ ഡോ. ആർ. ശശിധരൻ ഉദ്ഘാടനം ചെയ്യുന്നു. യുവജന ക്ഷേമ വകുപ്പിന്റെ നേതൃത്വത്തിൽ ആദ്യമായി നടക്കുന്ന മോഡൽ ഐക്യരാഷ്ട്രസഭ സഭ വൈസ് ചാൻസലർ ഡോ. ആർ. ശശിധരൻ ഉദ്ഘാടനം ചെയ്യുന്നു. യുവജന ക്ഷേമ വകുപ്പിന്റെ നേതൃത്വത്തിൽ ആദ്യമായി നടക്കുന്ന മോഡൽ ഐക്യരാഷ്ട്രസഭ സഭ വൈസ് ചാൻസലർ ഡോ. ആർ. ശശിധരൻ ഉദ്ഘാടനം ചെയ്യുന്നു.

ഐക്യരാഷ്ട്ര സംഘടനാ മോഡലായി കുസാറ്റിൽ 'മൺ'

Mathambham 09/02/19

കളമശ്ശേരി • കൊച്ചി സർവകലാശാല യുവജന ക്ഷേമ വകുപ്പിന്റെ നേതൃത്വത്തിൽ ആദ്യമായി നടക്കുന്ന മോഡൽ യൂണിറ്റ് നേഷണൽ (മൺ) സർവകലാശാല വൈസ് ചാൻസലർ ഡോ. ആർ. ശശിധരൻ ഉദ്ഘാടനം ചെയ്യുന്നു. യുവജന ക്ഷേമ വകുപ്പിന്റെ നേതൃത്വത്തിൽ ആദ്യമായി നടക്കുന്ന മോഡൽ യൂണിറ്റ് നേഷണൽ (മൺ) സർവകലാശാല വൈസ് ചാൻസലർ ഡോ. ആർ. ശശിധരൻ ഉദ്ഘാടനം ചെയ്യുന്നു.



കൊച്ചി സർവകലാശാലയിൽ 'മോഡൽ യൂണിറ്റ് നേഷണൽ' വൈസ് ചാൻസലർ ഡോ. ആർ. ശശിധരൻ ഉദ്ഘാടനം ചെയ്യുന്നു.

യൂണിറ്റ് നേഷണൽ (മൺ) സർവകലാശാല വൈസ് ചാൻസലർ ഡോ. ആർ. ശശിധരൻ ഉദ്ഘാടനം ചെയ്യുന്നു. യൂണിറ്റ് നേഷണൽ (മൺ) സർവകലാശാല വൈസ് ചാൻസലർ ഡോ. ആർ. ശശിധരൻ ഉദ്ഘാടനം ചെയ്യുന്നു.

'മോഡൽ യൂണിറ്റ് നേഷണൽ' കുസാറ്റിൽ ഇന്ന് തുടങ്ങും

കളമശ്ശേരി • കൊച്ചി സർവകലാശാല യുവജന ക്ഷേമ വകുപ്പിന്റെ നേതൃത്വത്തിൽ ആദ്യമായി നടക്കുന്ന മോഡൽ യൂണിറ്റ് നേഷണൽ (മൺ) എട്ട്, ഒമ്പത്, പത്ത് തീയതികളിൽ നടത്തുന്നു.

എസ്.എം.എസ്. ഓഡിറ്റോറിയത്തിൽ എട്ടാം തീയതി രാവിലെ മെമ്പർമാർ കുസാറ്റ് വൈസ് ചാൻസലർ ഡോ. ആർ. ശശിധരൻ ഉദ്ഘാടനം ചെയ്യുന്നു. യുവജന ക്ഷേമ വകുപ്പിന്റെ നേതൃത്വത്തിൽ ആദ്യമായി നടക്കുന്ന മോഡൽ യൂണിറ്റ് നേഷണൽ (മൺ) എട്ട്, ഒമ്പത്, പത്ത് തീയതികളിൽ നടത്തുന്നു.

എസ്.എം.എസ്. ഓഡിറ്റോറിയത്തിൽ എട്ടാം തീയതി രാവിലെ മെമ്പർമാർ കുസാറ്റ് വൈസ് ചാൻസലർ ഡോ. ആർ. ശശിധരൻ ഉദ്ഘാടനം ചെയ്യുന്നു. യുവജന ക്ഷേമ വകുപ്പിന്റെ നേതൃത്വത്തിൽ ആദ്യമായി നടക്കുന്ന മോഡൽ യൂണിറ്റ് നേഷണൽ (മൺ) എട്ട്, ഒമ്പത്, പത്ത് തീയതികളിൽ നടത്തുന്നു.

ഐക്യരാഷ്ട്രസഭയുടെ പ്രതിനിധികൾ





Association of Indian Universities (AIU) has been organizing the South Asian university youth festival (SAUFEST) for last 12 years. The concept of organizing SAUFEST is in line with the active collaboration and mutual assistance amongst the south Asian countries in educational, social, cultural and economic field.

Cochin University of Science and Technology is invited to participate in the 12th South Asian Festival (SAUFEST) at Pandit Ravisankar Shukla University, Raipur, Chhattisgarh, India during 22 – 26, February 2019. Contingents from Afghanistan, Bangladesh, Bhutan, India, Maldives, Mauritius, Myanmar, Nepal, Pakistan and Srilanka participated in the festival. We were invited to participate in the event 'Debate'. Ms. Bisna Chandran and Ms. Athira Varma from Scholl of Legal Studies, runners up of last National Inter University Youth Festival participated in the event. Dr. P K Baby, Director, Students Welfare accompanied the team.



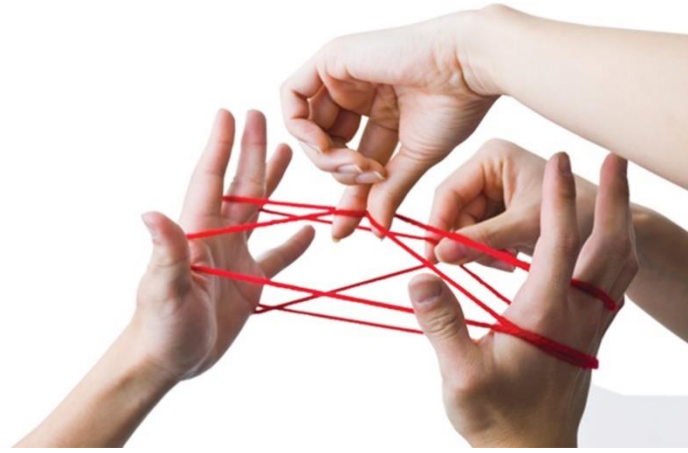






Green Room VIII

Cultivating Creativity
08 - 10 MARCH 2018



Without change there is no innovation, creativity, or incentive for improvement. Those who initiate change will have a better opportunity to manage the change that is inevitable a quote by William Pollard was the theme for Green Room VIII Cultivating Creativity of this year. Creativity, arts and freedom are inter-related, and it will purify the mind of the people than any human activity. In this context, The Department of Youth Welfare has organised **“GREEN ROOM VIII: Cultivating Creativity”** with an objective of improving team work, skill development, communication, body language and personality traits through theatre among selected students of the University from 08th to 10th March 2019. Thirty students from various departments participated in the programme. Green Room Cultivating Creativity designed to place the creative mind of the students at the place where it exactly matches for them. Dr. R Sasidharan, Hon. Vice Chancellor of the University inaugurated the programme. Dr. P.K Baby, Director, department of Youth Welfare and Smt. Osia Varghese, participant spoke on the occasion.





Various sessions were handled by Sri. Sreejith Remanan, School of Drama Thrissur, Sri. Devendranath Sankara Narayanan, Mind Screen, Chennai, Saran SS, Theatre Artist, Midhun Lal, Theatre Artist, Little Earth, Malappuram, Sunitha V, School of Drama, Thrissur and Sivadasan Poykayil, Theatre Writer and Director. A Semi classical Dance performance by Sumi Arun and a short paly, *Chakkara Panthal* by Appunni Sasi were performed as part of class room theater on 09.03.2019 in the evening.

Each student gave their personalised feedback as a worthwhile programme and an outstanding workshop. They said that it is hard to imagine that someone could have techniques to stimulate something as ethereal as creativity. The trainers have honed a set of learning tools that bring forth ideas from the deepest recesses of the brain and showed them how to get it in their life. In short, the camp was a wonderful, creative experience for the participants.



TUNING THE BODY AND MIND THROUGH THEATRE

Deepika Jayaram
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It was a visual treat to be at Green Room VIII, the theatre workshop held at CUSAT from March 8 to 10, and as 19 students, who were part of it, were fulfilling their last task on Sunday, one could witness their transformation as actors and how they were oozing with confidence.

Divided into groups of three, they were given topics such as corruption, homosexuality and compassion by theatre personalities Devedranath Sankaranarayanan and Sreejith Ramanan. The college premises served as the stage and the actors attracted the audience in their own unique ways to their performances. Their stage presence and how they choreographed everything within a short time was commendable.

Devedranath Sankaranarayanan, course director, basic acting, SCLIFT, Film Institute, Pune, says that actors need to be able to look into themselves and explore the qualities within them as well their shortcomings. "Through the workshop, we wanted to sway or shake the body and mind at once, and you can notice that the youngsters are able to slowly shed a few of their bodily inhibitions," he says. He adds that there's more to a theatre workshop than what meets the eye. "It is a cathartic experience, and is a psychological and physical act, which transports one to a different level."

He illustrates this with an example. "A young girl named Surabhi, who had joined another workshop came to ours by chance. She was scared on the first day but the second day saw her bringing along one of her friends to the workshop. What amazed us is not the brilliance she showcased during a mind game Sreejith had conducted, but how her sense of observation had sharpened within a very short time. It is not about challenging oneself, but it was all about exploring the possibilities that were dormant in her. This was true for many others too."

Sreejith Ramanan, head of the department, School of Drama, University of Calicut, says that while he dealt more with the body, Devedranath worked on the psychological aspect. He says, "The aim was to create awareness about theatre among students and also tap into their creative potential. It was also intended to help them imbibe the best of theatre and as a result sharpen their life skills."

He adds, "We included a lot of games and exercises, which have been devised by contemporary theatre practitioners and also those we ourselves designed. Given



Glimpses from the workshop



WE INCLUDED A LOT OF GAMES AND EXERCISES, WHICH HAVE BEEN DEVISED BY CONTEMPORARY THEATRE PRACTITIONERS AND ALSO THOSE WE OURSELVES DESIGNED. GIVEN THAT MOST CHILDREN HAVE DIFFERENT AMBITIONS AND WANT TO ENGAGE THEMSELVES IN ART, WE THREW LIGHT ON THE BASICS OF THEATRE — SREEJITH RAMANAN

that most children have different ambitions and want to engage themselves in art, we threw light on the basics of theatre by including body-centric exercises,

which would give them concentration, spatial awareness, body control and energy distribution."

Sandeep Suku, a student who took part in the work-

shop, says that he gained a lot of clarity about mind and body. "Before this, we lacked a sense of direction. The trainers have helped us to find a focus, which would help us in the long run."

According to Osta Varghese from the department of Legal Studies, CUSAT, who has been passionate about theatre and acting right from her school days, the workshop has helped her learn and unlearn a lot of things. "While on stage, there are situations when an actor tends to over-act, and I learnt that down-

playing one's feelings is also important. Acting is just being in a situation and experiencing what it is, from one's own perspective." She adds that acting doesn't just mean getting the right facial expressions but preparing one's body and mind over a long period of time to be a good artiste.

PK Bshy, director, department of Youth Welfare, CUSAT, says that initially there was apprehension whether the workshop will happen because the response was lukewarm in the beginning. "But the enthusiasm during the camp has reinforced our faith," he says, adding that students who had attended previous editions have told him how the lessons they learnt from the theatre training kept them in good stead in their corporate careers. "I was happy when they told me they have learnt how to say no, how to respect one's body and so on."



THE SOUND OF MUSIC

Music Workshop

Where the fun of music begins!

08 – 10 March 2019

Department of Youth Welfare, Cochin University of Science and Technology has organized a Music Workshop: 'The sound of the Music' at CUSAT during 08th to 10th March 2019. The objective of the workshop was to bring the students who love music to a common platform and provide basic lessons on singing. The workshop was officially inaugurated by Dr. Sasidharan, Hon. Vice Chancellor at 05.00 p.m. on 08th March 2019. Dr. P.K Baby, Director Department of Youth Welfare welcomed the students who attended the camp. Sri. Kailas Menon, Music Director handled the first session. He talked about various techniques of singing and composition of music. He also explained the essential qualities to keep in daily life as a singer



The Second day started with the Carnatic music demonstration and concert by Sri. Thomas Melwin from Chennai. Sri Edappaly Jayamohan in Violin, Sri. Thrippunithura Vijayabhaskar in Mridungum, Sri. Anantharaman Anil in Key board and Sri. Skakthiskandan C.S in table accompanied the session. The session extended up to 01.30 p.m, with full of energy and enthusiasm. Dr. Thomas Melwin explained about various types of ragas and how it is used in composing music. He also demonstrated how Carnatic concerts are constructed using these ragas.





The session on Saturday afternoon and Sunday was handled by Mrs. Sajna Sudheer, Assistant Professor in Music, Government Women's College Trivandrum. Sri Edappaly Jayamohan in Violin, Sri. Thrippunithura Vijayabhaskar in Mridungum, Sri. Anantharaman Anil in Key board and Sri. Skakthiskandan C.S in table accompanied the session. She explained some of the Vocal exercise techniques. In later sessions she explained the basic lessons of notations in eastern and western. The participants were asked to compose a song based on the knowledge shared and performed the same and she explained the mistakes that they made while singing. The participants were asked to express their experience on the workshop in the concluding session. The participants found to be extremely happy with their experience with the workshop. The whole workshop ended on 10.03.2019 by 06. 30 p.m.

