



Report 17-18
Department of Youth Welfare
Cochin University of Science and Technology

Preface

Department of Youth Welfare is a formal platform in the University to design and implement youth policy which includes the issues related to motivation, participation, promotion and socio-economic and cultural settings within which young people grow up. The Department is acting as a supporting force for the students and youth community to epitomize their academic excellence through doing and learning. The Department was established from the beginning of the University with an aim to promote cultural and social life among the university community under the headship of Director. The core values of the Department are defined in 4 C's- Confidence, Competence, Creativity and Compassion.

Despite a lot of limitations, which we mentioned in the last reports, such as, lack of supporting staff, funds and clear definitions of work, we are personally happy to see that the department is in the right way. I hope by the next academic year, we will be able to offer more short-term courses, training and will carry out research activities and projects.

To quote Luccock, 'No one can whistle a symphony. It takes a whole orchestra to play it'. Working with people is all about success. We would like to thank Hon'ble Vice-Chancellor, Pro-Vice Chancellor, Registrar and all members of the syndicate for providing invaluable support throughout the year. We would also like to thank Finance Officer; Controller of Examinations; Chief Warden, all the Directors of Schools, Heads of the Departments and Principal, School of Engineering and other colleges for their great interest and support in all the activities.

The fuel that allowed me to achieve great success is the support from my students and staff. I would like to appreciate the support that I received from all the staff and students of the University.

05.04.2018
Kochi -22

Dr. P.K Baby
Director, Students Welfare

Anti Ragging Awareness Programme

Cochin University has decided to take stringent actions against students involved in ragging based on the recommendations made by the honorable Supreme Court, UGC and Governments. A meeting convened by Vice Chancellor has decided to strengthen monitoring at hostels and classrooms to check incidents of ragging and entrusted the Director, Department of Youth Welfare to co-ordinate the anti-ragging awareness activities in the campus. It is further decided to provide enough publicity in the campus against such barbarism through awareness programmes, posters and boards. The University has made wide arrangements to prevent ragging in the Campuses of the University before the commencement of classes of new batch. In this view University has formed a University level monitoring cell, Anti-ragging committee and Anti ragging squads at Department level. A combined meeting of committees has discussed various actions to be taken to prevent the menace of ragging from the campus and decided to start the awareness programme for seniors from 12nd July, 2017 onwards.



*Sri. Kausar Edappagath, Judge,
CBI/NIA Court II, Kochi*



Sri. Abdul Salam, Asst. commissioner of Police.

Sri. Dr. Kausar Edappagath, *Judge CBI / NIA Court II, Kochi and Chairman, Taluk Legal Services Authority* inaugurated the University level anti-ragging campaign at Placement Auditorium on 12.07.2017. Sri. Abdul Salam, *Assistant Commissioner of Police* delivered key note address. Dr. J Letha, *Vice Chancellor* presided over the meeting. Sri. C.S Mohit, *Sub Judge and Secretary, DLSA* delivered special address. Dr. M.R Radhakrishnan Panicker, *Principal School of Engineering* welcomed the gathering and Sri. Davis, *Vice President PTA* proposed vote of thanks.







A legal awareness session for the students of CUCEK, with emphasis on prevention and prohibition of ragging in technical institutions was conducted on 24.08.2017 The programme was organised by the National Service Scheme of Cochin University College of Engineering Kuttanadu in association with Kuttanadu Legal Service Committee. Dr.Sunil Kumar N Principal CUCEK, Dr. Senthil Prakash M N Convener, NSS and Nature Club, CUCEK and Sri Chacko Devassy Secretary, Kuttanadu Legal services Committee have addressed the students emphasizing on the anti ragging measures. An interactive legal awareness session giving with emphasis on prevention and prohibition of ragging in technical institutions was handled effectively by Adv.Azeem Mohammed.

Students enthusiastically attended the session, discussed and cleared their doubts and views on various legal issues.



This year, University had conducted various sessions among students and made conscious effort to aware each and every senior student of the University regarding the consequences of ragging. A written and signed affidavit was collected from every student at the time of admission mentioning that they will not engage in any ragging related activities. Various committees, i.e., University level monitoring committee, anti ragging committee and anti ragging squads at department level were also formed as per the directions of the Honorable Supreme court and UGC. Wide publicity is given various places of campuses, hostels, cafeteria and common amenity centers with anti ragging helpline numbers. The details of anti ragging awareness programme conducted at various departments are given below.



COCHIN UNIVERSITY OF SCIENCE AND TECHNOLOGY
DISTRICT LEGAL SERVICE AUTHORITY, ERNAKULAM
Anti-Ragging Awareness Programme: 2017– 18

No.	Date and Time	Venue	Departments Participated	Legal / Judicial officers / University Officers
1.	12.07.2017 University Level Inauguration 09.30 AM	Placemnt Hall, SOE	Senior Students of B.Tech IT and C.S	1. Welcome: Dr. Radhakrishna Panikker , <i>Principal, School of Engineering.</i> 2. Presidential Address: Dr. J. Letha , <i>Hon'ble Vice Chancellor</i> 3. Inauguration: Sri. Kausar Edappagath , <i>CBI/NIA Judge</i> 4. Key note address: Sri. Abdul Salam , <i>Assistant Commissioner of Police</i> 5. Special Address: Sri. C.S Mohit , <i>Sub Judge and Secretary, DLSA</i> 6. <i>Vote of Thanks: Sri. Davis</i> , <i>Vice President PTA</i>
2.	17.07.2017 Monday 02.30 PM to 03.30 PM	Placemnt Hall, SOE	Senior Students of B. Tech Civil and EEE	1. Adv. Hema V.K <i>Judicial Officer</i>
3.	18.07.2017 Tuesday 02.30 PM to 03.30 PM	Placemnt Hall, SOE	Senior Students of B. Tech Mechanical Engg. And Safety and Fire Engineering	1. Sri. C.S Mohit, Sub Judge <i>Judicial Officer</i>
4.	19.07.2017 Wednesday 02.30 PM to 03.30 PM	Placemnt Hall, SOE	Senior Students of B. tech Electronics and Communication Engineering	1. Adv. Pramod Kumar <i>Judicial Officer</i>
5.	20.07.2017 Thursday 02.30 PM to 03.30 PM	Seminar Hall, KMSME	Senior Students of B. tech Marine Engineering	1. Adv. Teena Cherian <i>Judicial Officer</i>
6.	21.07.2017 Friday 02.30 PM to 03.30 PM	SMS Auditorium	Senior Students of: Department of Statistics Department of Applied Economics School of Management Studies Department of Bio Technology Department of Hindi Department of Mathematics Department of Physics Department of Chemistry Department of English and	1. Adv. Hema V.K <i>Judicial Officer</i>

			Foreign Languages Department of Electronics Department of Computer Science	
7.	24.07.2017 Monday 02.30 PM to 03.30 PM	PSRT Auditorium	<i>Senior Students of</i> Department of Computer Applications Department of Polymer Science and Rubber Technology Department of Instrumentation Department of Ship Technology	1. Adv. Neethu 2. Adv. Asokan <i>Judicial Officers</i>
8.	25.07.2017 Tuesday 02.30 PM to 03.30 PM	SLS Auditorium	<i>Senior Students of</i> School of Legal Studies	1. Sri. C.S Mohit, Sub Judge <i>Judicial Officer</i>
9.	27.07.2017 Wednesday 02.30 PM to 03.30 PM	Marine Sciences Auditorium	<i>Senior Students of</i> School of Industrial Fisheries Department of Marine Biology, Micro Biology and Bio chemistry, Department of Marine Geology and Geo Physic, Department of Physical Oceanography, Department of Chemical Oceanography, Department of Atmospheric Sciences	1. Sri. C.S Mohit, Sub Judge <i>Judicial Officer</i>
10.	27.07.2017 Thursday 02.30 PM to 03.30 PM	ISP Auditorium	<i>Senior Students of</i> International School of Photonics The Department of Environmental Studies DDUKK M.Voc Courses.	1. Adv. Teena Cherian <i>Judicial officer</i>
11.	24.08.2017	CUCEK Seminar Complex	All Students of CUCEK	1. Adv. Azeem Muhammed <i>Judicial officer</i>



Department of Youth Welfare
Cochin University of Science and Technology
17 - 21 July 2017

Tree Care Week

Plant, Preserve & Celebrate



Under Swachh Bharat Abhiyan

The Department of Youth Welfare observed July 17th to 21st July 2017 as Tree Care Week under the Swachh Bharat Abhiyan Scheme at CUSAT. The objective of the programme was to create awareness among the students about the importance of tree care. Many groups, departments and organizations have been planting trees in the campus and different parts of the state every year. However, the trees planted were not checked or taken care of after the much celebrated planting. Against this backdrop the Department planned to observe a day for caring the trees in the campus. The slogan of the programme was ‘no more plants; rather we care what we planted’.



Objectives of the programme

- To check the saplings planted last year, remove the bottlenecks and ensure that the trees will be grown properly by removing climbers, adding manure, cleaning the area and to build a culture of caring trees with students' participation
- To identify and suggest practices and procedures in the environmental management in the campus with students participation under the purview of a campus environment advisory committee.
- To plant new fruit plant saplings / flowering saplings at various places of the campus with proper guarding and maintaining system.
- To organize continuous programmes in association with NSS, various Departments and stakeholders of the University to make the campus more student friendly and environmental sensitive.

The programme started at 02.00 pm on 17.07.2017. The students checked the saplings planted last year, removed the climbers and ensured the trees will grow properly and added manure. It was an experience for the students to work in a new culture which enabled them to understand the value of let living in the Universe. Every day after the tea break students assembled together and discussed on various issues on environmental protection, caring trees and the value of working together.

The next day onwards students worked in groups after the regular classes. This year they decided that they will plant only fruit plants and it would be in accordance with the development plan of the campus. We have purchased high yield mango plants and planted it an exclusive area of the campus, which will be developed as a mango diversity park in the campus. In the coming days, we have continued the same exercise, clearing the weeds, add manure and replaced few plants which impaired last year. Also we have planted few bamboo plants near the student's amenity centre, which will add beauty to the area. Also planted few trees in different parts of the campus. Every day after food, students discussed on various issues related to nature, life and campus. In continuance of the discussion the students suggested the following proposals for implementation in the University.

- Formation of committee for environmental management including staff, teachers and students of the University
- Construction of cement benches in the courtyard of Students Amenity Centre and in front of the open air Auditorium
- Complete ban of flex boards in the campus.
- Complete ban of use of plastic bags in the campus



The programme was a different experience for the students of the University. The concern of environment is directly linked to the development of the country. Students learned the lessons of importance of trees, cleanliness, leadership, team spirit and the value of work. Every tree planted in the University will provide numerous environmental, economic, social, health and cultural benefits. The event was a learning experience for the students of the University at practical as well as at policy level regarding the importance of tree care, environmental protection and cleanliness. As Maggie Stiefvater said 'If I were a tree, I would have no reason to love a human' was the motto of the campaign, which changed the view of the students about human value. The programme was concluded on 21.07.2017. Dr. P.K Baby, Director, Students Welfare coordinated the programme. The total expenditure of the programme was ₹ 21943.



കൊച്ചി സർവകലാശാലയിൽ വൃക്ഷ സംരക്ഷണ വാഗ്ദാനത്തിന്റെ ഭാഗമായി വിദ്യാർത്ഥികൾ വൃക്ഷത്തെക്കുറിച്ചു ചുവടുതറ തിന്നു കളകൾ നീക്കം ചെയ്യുന്നു.

വൃക്ഷ സംരക്ഷണം: സന്ദേശം നൽകി കുസാറ്റ് ക്യാമ്പസ്

കളമശേരി • മുൻ വർഷങ്ങളിൽ നട മരങ്ങൾ സംരക്ഷിച്ചു ക്യാമ്പസിൽ മാതോട്ടം ഒരുക്കാനുള്ള പദ്ധതിയെ തുടക്കം കുറിച്ചു. വൃക്ഷ സംരക്ഷണത്തിന്റെ സന്ദേശം നൽകുകയാണ് കുസാറ്റ് ക്യാമ്പസ്. മാവീടന്മാർക്കു ടൈപ്പ് ചെയ്ത ഉൾപ്പെടെയുള്ള ഫലവൃക്ഷങ്ങളും ക്യാമ്പസിൽ നട്ടുപിടിപ്പിച്ചു. ക്യാമ്പസിലും കളയാതെ വിശ്രമ സൗകര്യങ്ങളിലും വൈകിട്ടുമാണ് വിദ്യാർത്ഥികൾക്ക് വൃക്ഷ സംരക്ഷണത്തിനു തയ്യാറായിട്ടുള്ളത്. യുവജന ക്ഷേമ വകുപ്പിന്റെ നേതൃത്വത്തിൽ

ലാണ് ഈ ഉദ്യമം. മുൻ വർഷങ്ങളിൽ നട വൃക്ഷങ്ങളെ പരിപാലിക്കുകയും അവയ്ക്കു വളമാണു ഉള്ള സാഹചര്യമൊരുക്കുകയുമാണ് പ്രധാന ലക്ഷ്യം. യുത്ത് വെൽഫെയർ ഡയറക്ടർ ഡോ. പി.കെ. ബേബിയുടെ നേതൃത്വത്തിൽ എ.സി.എ ഡിപ്പാർട്ട്മെന്റിനു മുന്നിൽ കഴിഞ്ഞ വർഷങ്ങളിൽ നട വൃക്ഷത്തെക്കുറിച്ച് ചുറ്റുമുറുങ്ങായിരുന്ന കാടും വളമില്ലാതെയും വെട്ടിമാറ്റിയും കളകൾ നീക്കം ചെയ്തായിരുന്നു തുടക്കം. ഇന്നലെ പുതിയ കുളത്തിനു സമീപം വിവിധ ഇനം മാവുകൾ

വെട്ടിപിടിപ്പിച്ചു. സർവകലാശാലയിൽ ആദ്യമായാണ് മാവീടന്മാരും ഒരുങ്ങുന്നത്. കേടുപാടുകൾ വളർച്ച മുരടിപ്പിച്ചതുമായ വൃക്ഷത്തെക്കുറിച്ച് മാറ്റി പുതിയവ നട്ടുപിടിപ്പിക്കുന്നതും ഇതോടൊപ്പം നടത്തും. സ്റ്റുഡന്റ്സ് അസോസിയേഷന്റെ വിവിധ സമിതികളും ഇളവുമെടുത്തു നന്നാണ്. സമർ ഭാരത അടിയന്തിര പ്രവേശന കമ്മിറ്റി വിദ്യാർത്ഥികളുടെ പങ്കാളിത്തത്തോടെയാണ് ക്യാമ്പസ് വൃക്ഷ സംരക്ഷണ വാഗ്ദാനം ആചരിക്കുന്നത്.



കുസാറ്റിൽ മരം സംരക്ഷിക്കാൻ ട്രീ കെയർ വീക്ക് ആഘോഷം

കളമശേരി > കുസാറ്റിൽ യുവജനക്ഷേമവകുപ്പിന്റെ ആഭിമുഖ്യത്തിൽ ട്രീ കെയർ വീക്ക് ആഘോഷിച്ചു. പുതിയ മരങ്ങൾ നട്ടുനേർത്തു നന്നാക്കും മുൻവർഷങ്ങളിൽ നട വൃക്ഷങ്ങളെ പരിപാലിക്കുകയും അവയ്ക്കു വളമാണു ഉള്ള സാഹചര്യമൊരുക്കുകയുമാണ് പ്രധാന ലക്ഷ്യം. യുത്ത് വെൽഫെയർ ഡയറക്ടർ ഡോ. പി.കെ. ബേബിയുടെ നേതൃത്വത്തിൽ എ.സി.എ ഡിപ്പാർട്ട്മെന്റിനു മുന്നിൽ കഴിഞ്ഞ വർഷങ്ങളിൽ നട വൃക്ഷത്തെക്കുറിച്ച് ചുറ്റുമുറുങ്ങായിരുന്ന കാടും വളമില്ലാതെയും വെട്ടിമാറ്റിയും കളകൾ നീക്കം ചെയ്തായിരുന്നു തുടക്കം. ഇന്നലെ പുതിയ കുളത്തിനു സമീപം വിവിധ ഇനം മാവുകൾ

വെട്ടിപിടിപ്പിച്ചു. സർവകലാശാലയിൽ ആദ്യമായാണ് മാവീടന്മാരും ഒരുങ്ങുന്നത്. കേടുപാടുകൾ വളർച്ച മുരടിപ്പിച്ചതുമായ വൃക്ഷത്തെക്കുറിച്ച് മാറ്റി പുതിയവ നട്ടുപിടിപ്പിക്കുന്നതും ഇതോടൊപ്പം നടത്തും. സ്റ്റുഡന്റ്സ് അസോസിയേഷന്റെ വിവിധ സമിതികളും ഇളവുമെടുത്തു നന്നാണ്. സമർ ഭാരത അടിയന്തിര പ്രവേശന കമ്മിറ്റി വിദ്യാർത്ഥികളുടെ പങ്കാളിത്തത്തോടെയാണ് ക്യാമ്പസ് വൃക്ഷ സംരക്ഷണ വാഗ്ദാനം ആചരിക്കുന്നത്.

കുസാറ്റിൽ ട്രീ കെയർ വീക്ക് ആഘോഷത്തിന്റെ ഭാഗമായി മരംനട്ടുന്നു

കുസാറ്റിൽ ഒരുങ്ങുന്നു, ജൈവ പച്ചക്കറിത്തോട്ടം

തുടക്കത്തിൽ കൃഷി ഭരണകമ്മിറ്റി

കളമശേരി • കൊച്ചി സർവകലാശാലയിലെ വിദ്യാർത്ഥികൾ ശാസ്ത്രീയമായി സമഗ്രമായി പഠിപ്പിക്കാനുള്ള പ്രയത്നത്തിലാണ് ക്യാമ്പസിലെ വിദ്യാർത്ഥികൾക്ക് സർവകലാശാലയിൽ ഉൾപ്പെട്ടിട്ടുള്ള കൃഷി പദ്ധതിയെ തുടക്കം കുറിച്ചു. വൃക്ഷ സംരക്ഷണത്തിന്റെ സന്ദേശം നൽകുകയാണ് കുസാറ്റ് ക്യാമ്പസ്. മാവീടന്മാർക്കു ടൈപ്പ് ചെയ്ത ഉൾപ്പെടെയുള്ള ഫലവൃക്ഷങ്ങളും ക്യാമ്പസിൽ നട്ടുപിടിപ്പിച്ചു. ക്യാമ്പസിലും കളയാതെ വിശ്രമ സൗകര്യങ്ങളിലും വൈകിട്ടുമാണ് വിദ്യാർത്ഥികൾക്ക് വൃക്ഷ സംരക്ഷണത്തിനു തയ്യാറായിട്ടുള്ളത്. യുവജന ക്ഷേമ വകുപ്പിന്റെ നേതൃത്വത്തിൽ

കുസാറ്റിൽ മരം സംരക്ഷിക്കാൻ ട്രീ കെയർ വീക്ക് ആഘോഷം

കളമശേരി > കുസാറ്റിൽ യുവജനക്ഷേമവകുപ്പിന്റെ ആഭിമുഖ്യത്തിൽ ട്രീ കെയർ വീക്ക് ആഘോഷിച്ചു. പുതിയ മരങ്ങൾ നട്ടുനേർത്തു നന്നാക്കും മുൻവർഷങ്ങളിൽ നട വൃക്ഷങ്ങളെ പരിപാലിക്കുകയും അവയ്ക്കു വളമാണു ഉള്ള സാഹചര്യമൊരുക്കുകയുമാണ് പ്രധാന ലക്ഷ്യം. യുത്ത് വെൽഫെയർ ഡയറക്ടർ ഡോ. പി.കെ. ബേബിയുടെ നേതൃത്വത്തിൽ എ.സി.എ ഡിപ്പാർട്ട്മെന്റിനു മുന്നിൽ കഴിഞ്ഞ വർഷങ്ങളിൽ നട വൃക്ഷത്തെക്കുറിച്ച് ചുറ്റുമുറുങ്ങായിരുന്ന കാടും വളമില്ലാതെയും വെട്ടിമാറ്റിയും കളകൾ നീക്കം ചെയ്തായിരുന്നു തുടക്കം. ഇന്നലെ പുതിയ കുളത്തിനു സമീപം വിവിധ ഇനം മാവുകൾ

കത്തിക്കില്ല പ്ലാസ്റ്റിക്, കടലാസ് മാലിന്യം

കളമശേരി • കുസാറ്റിൽ പ്ലാസ്റ്റിക് മാലിന്യവും കടലാസും കത്തിക്കില്ല. മിഥാതികളോടൊപ്പം പ്ലാസ്റ്റിക് മാലിന്യം കത്തിക്കുന്നതിന് കുസാറ്റിൽ കഴിയില്ല. ഇതിനെ തുടർന്ന് പരിഹാരം കാണുകയായാണ്. പരിഹാരം കാണുകയായാണ്. പരിഹാരം കാണുകയായാണ്. പരിഹാരം കാണുകയായാണ്.

Monsoon Madness

Experiencing Nature

11 - 13, August 2017

Athirappally - Vazhachal Forest Division

The Department of Youth Welfare, Cochin University of Science and Technology in association with Department of Wildlife and Forests, Government of Kerala has organized monsoon Madness: Experiencing Nature, a monsoon camp during 11 – 13, august 2017 at Vazhachal Forest Division. The primary Goal of the Camp was to provide students with an opportunity to immerse them into nature and to get better sense of understanding and appreciation about the resources and deep beauty of nature. The department invited applications for the camp through Department notice boards and website. 98 students applied for the camp. Among this 40 were selected based on first come basis, subject to proportional representation for departments.



The team started the journey from the University on 11th August noon and reached there by 03.30 PM. Dr. P.K Baby, director, Department of Youth welfare and Dr. P Mythili, Associate Professor, School of Engineering escorted the team. The campers were welcomed by the forest staff. Sri. N. Rajesh, Divisional Forest Officer gave a long lecture on the geographical features of forests and its importance on ecosystem. He also explained about the value of numerous species which made the world sustainable. The session was insightful and enlightened the team.

The second day started with a brisk morning walk to Charpa falls which enhanced the minds with positive vibes. The vision of sparkling sunlight into the water drops was worth of sight. The next slot of time was for trekking! The students of the camp were escorted by the staff of the forest department. The long peaceful journey into the wild was a unique occurrence. Spending quite time with nature provided a healing energy to the campers. They were able to see various species of birds and animals. The tiring way back to the camp was energised by drops of wild springs. They literary enjoyed the natural bath in the spring.

Later at evening the team visited Vazhachal falls. The students took an initiative to collect plastic bags and papers lying near the stream and the tourist area. The campers spent time beside the murmuring water flow and arranged an insightful group discussion on importance of water resources. In the evening forest officials permitted the campers to take bath in the safe area of the water flow. The day ended with a session by Dr. P.K Baby and later cultural activities.



The third and final day again started with adorning walk into the forest. The walk to the destination was filled both joy and sorrow, because this was the last day of the camp. The last destination of the camp was Athirapally waterfall. The very first view of the fall was breath taking. Every student of the camp was overwhelmed with joy on experiencing the magical moment.

The camp was indeed successful in all aspects. All the students were able to learn lot of values and regarding the need of saving the nature, the control that humans require to have in sustaining the wild life and how we can help ourselves in enhancing the wild life. The camp provided fundamentals for improvement, as well as, teaches sportsman ship, leadership and teamwork. Yes, it was Monsoon Madness. The true spirit of nature. The students said that they were indeed lucky to be part of monsoon madness. The Department has collected feedback from students to understand the value of this camp. Getting outside and exploring the nature helped them to develop an appreciation of the environment, the environmental issues and how to make a difference to improve the environment. All campers agreed that the major contribution of the camp is the understanding on compassion and team work. The findings from the feedback indicated that the camp was a unique educational institution and a positive force in youth development. The camp experience benefitted the students in increasing the following indices:

- Confidence and self-esteem,
- Social skills and making friends,
- Independence and leadership qualities and
- Value of nature and importance of being ecological.

The camp ended on 13th evening. The total expenditure of the camp was ₹ 60569.





THE SOUND OF MUSIC

Music Workshop

Where the fun of music begins!

Department of Youth Welfare, Cochin University of Science and Technology has organized 'The sound of the Music': Music Workshop at CUSAT during 18th to 20th August 2017. The objective of the workshop was to bring the students who love music to a common platform and provide basic lessons in the techniques of music. The workshop was officially inaugurated by the renowned theatre and cine artist Sri.Jayaraj Warriar at 05.00 p.m on 18th August 2017. Dr. david Peter, registrar presided over the function. Sri. Alphons Joseph, noted music director and director of the workshop briefly explained about the workshop. Dr. P.K Baby, Director Department of Youth Welfare welcomed the gathering and Sri. Bharat Chand proposed vote of thanks. The evening of the first day of the music workshop, Mr. Alphons Joseph talked about various types and composition of music including ragas. He also explained few technical terms in music such as, timber of a song, major scale and minor scale for a song.





The session in the coming days extended up to 08.30 p.m, with full of energy and enthusiasm. Alphons Joseph and team explained about the essentials to keep in daily life as a singer. They explained some of the relaxation techniques that he used to do. Various breathing exercises were taught to improve lung capacity and to sing from diaphragm. The session also emphasized on vocal warm ups before concerts. ‘Lip Trill’ a great warm up exercise which is taught most commonly in western countries was taught in the class. Then he showed different kinds of microphone and explained that each person has to select a unique microphone which suites them the most. In the third and fourth day, he explained the basic understanding about music and during the session he asked everyone to sing in front of the audience and explained the mistakes that they made while singing. The participants were given opportunity to give feedbacks about the workshop. The participants found to be extremely happy with their experience with the workshop. The whole workshop ended on 20.08.2016 by 08.30 p.m.



The third day of the session was quiet interesting for the students since it opened up to a new world of music. The workshop opened up the members to a world of western music too. They were given an insight into doing background score for advertisements through programming. They were given an opportunity to tune and programme on a small scale. This year's Music Workshop changed the students to new singers and musicians of future. They learnt how to sing by understanding the tunes and to sing in harmony understanding it theoretically. The major benefits of the workshop are:

- The workshop helped students to understand various techniques to improve vocal quality, harmonization through doing music.
- It helped participants to learn what are the technologies used in music composition and recording and to understand the strengths and weaknesses of the same.
- It enhanced teamwork skills and discipline - all players must work together harmoniously towards a single goal, the performance, and must commit to learning music, attending rehearsals, and practicing.

The total expenditure of the programme was ₹ 46000.



Deshabhimani 21.08.2017

കുസാറ്റിൽ മ്യൂസിക് വർക്ക്ഷോപ്പ്

കളമശ്ശേരി • കൊച്ചി സർവകലാശാല യൂത്ത് വെൽഫെയർ വകുപ്പിന്റെ നേതൃത്വത്തിൽ ആരംഭിച്ച സംഗീത ശിൽപശാലയുടെ ഭാഗമായി ഓഡിയോ റിപ്പോർട്ടർ ഡോ. പി.കെ. ബേബി, ഡോ. എസ്. ഡേവിഡ് പീറ്റർ, അൽഫോൻസ് ജോസഫ് എന്നിവർ സമ്മിപം.

Mathrubhumi 21.08.2017

മ്യൂസിക് വർക്ക്ഷോപ്പ് ജയരാജ് വാരിയർ ഉദ്ഘാടനം ചെയ്യുന്നു

മ്യൂസിക് വർക്ക്ഷോപ്പ് തുടങ്ങി

കളമശ്ശേരി: കൊച്ചി സർവകലാശാല യൂത്ത് വെൽഫെയർ ഡിപ്പാർട്ട്മെന്റ് സംഘടിപ്പിക്കുന്ന ത്രിദിന മ്യൂസിക് വർക്ക്ഷോപ്പ് സർവകലാശാലാ ഹിന്ദി ഓഡിറ്റോറിയത്തിൽ ജയരാജ് വാരിയർ ഉദ്ഘാടനം ചെയ്തു. ക്യാമ്പ് ഡയറക്ടറും സംഗീത സംവിധായകനുമായ അൽഫോൻസ് ജോസഫ്, സർവകലാശാലാ രജിസ്ട്രാർ ഡോ. ഡേവിഡ് പീറ്റർ, യൂത്ത് വെൽഫെയർ ഡയറക്ടർ ഡോ. പി.കെ. ബേബി എന്നിവർ സംസാരിച്ചു. സംഗീതരംഗത്തെ പ്രമുഖർ ക്ലാസിക്കൽ നയിക്കുന്ന വർക്ക്ഷോപ്പ് ഞായറാഴ്ച സമാപിക്കും.

Malayala Manorama 20.08.2017

കുസാറ്റിൽ സംഗീത ശിൽപശാല

കളമശ്ശേരി • കൊച്ചി സർവകലാശാല യൂത്ത് വെൽഫെയർ വകുപ്പിന്റെ നേതൃത്വത്തിൽ ആരംഭിച്ച സംഗീത ശിൽപശാലയുടെ ഭാഗമായി ഓഡിയോ റിപ്പോർട്ടർ ഡോ. പി.കെ. ബേബി, ഡോ. എസ്. ഡേവിഡ് പീറ്റർ, അൽഫോൻസ് ജോസഫ് എന്നിവർ സമ്മിപം.

കളമശ്ശേരി • കൊച്ചി സർവകലാശാല യൂത്ത് വെൽഫെയർ വകുപ്പിന്റെ നേതൃത്വത്തിൽ ആരംഭിച്ച സംഗീത ശിൽപശാലയുടെ ഭാഗമായി ഓഡിയോ റിപ്പോർട്ടർ ഡോ. പി.കെ. ബേബി, ഡോ. എസ്. ഡേവിഡ് പീറ്റർ, അൽഫോൻസ് ജോസഫ് എന്നിവർ സമ്മിപം.

CUSAT SCIENCE LECTURE SERIES

21 September 2017



The Department of Youth Welfare is organizing a public science lecture series in the campus with an objective of inculcating scientific temper among the youth and public as part of the extension programmes of the University to the society. Through the series, participants may have the opportunity to develop their own arguments, discussing with experts and developing the logic of “doing” science. As part of the programme the Department has organized the inaugural lecture on 21.09.2017 at SMS auditorium.



Dr. K.M Sreekumar, Professor, Kerala Agriculture University delivered the first lecture on the 'Myth and Realities of Genetically Modified Crops'. Dr. Sreekumar argued that the spread of GM crops will reduce the use of pesticides, will assure more production and hence food security can be possible without much environmental exploitation. Dr. P.K Baby, Director, Department of Youth Welfare introduced the theme. Dr. P.N N Pisharody, Dr. Muhammed Hatha, Dr. Santhosh Kumar, Sri. Asokan Njarakkal, Sri. Prasanth Appul and many students participated in the discussion. Around 120 people participated in the lecture. The programme ended by 2.30 P.M after the lunch. the participants appreciated the role of the University to spread scientific temper among the people through popular science lectures in mother tongue.



Back to Village: Education through Experience



Forty seven selected students of Cochin University has visited Panthapra and Therakkudy tribal villages at Kuttampuzha gramma panchayat to learn experiences beyond their traditional class room learning during 30th September to 02nd October 2017 as part of the programme ‘Back to village: education through experience’ organized by the Department of Youth Welfare, cochin University of Science and technology. The visit was inspired from the thoughts of Gandhiji who firmly believed that self-reliant villages form a sound basis for a just, equitable and nonviolent order and hence the camp was scheduled associating Gandhi Jayanti. The main objective of the camp was to understand village life and learn values of self reliance, work and togetherness in village commons. The other objectives were to visit tribal habitats, villages and interact with people as live case studies and learn lessons from them on resource use, means of livelihood, poverty, value system, language, social life and cultural life of socially and geographically marginalized groups using unstructured participant observation models / qualitative research methods.





The team visited panthapra colony on first day. On the second day, they visited Therakkudy tribal colony after 3 hours travel in jeep and country boat. Therakkudy is tribal settlement of 30 families geographically isolated from the rest of the world. Trekking through off roads in jeep through wild risky roads and crossing waterfalls was a wonderful experience. The students grouped into six teams and visited the houses and discussed till evening. Blankets were distributed to all households in the settlement by the team. The major issue faced by the dwellers in the settlement is water and electricity. They have to walk a day through forest to collecting ration, other necessary items and for medical purposes. Cleanliness, community life, dowry free marriage system, accepting the value of education, social gatherings, environmental awareness etc are more or less at par with the modern society. However, the certain customs followed by the people, such as, chavadi (separate stay) for unmarried boys and girls in menstrual periods etc are to be discouraged. The students discussed with the families in the participant observation method. Dr. P.K Baby, Director, Department of Youth Welfare, Sheela M Varghese, Pricipai, GHSS, Kuttampuzha, Dr. Anoop, Medical Officer, Primary Health Centre Kuttampuzha, Smt. Kanthi, Member, Kuttampuzha Panchayat, Sri. Sajeewan, President P.T.A, GHSS Kuttampuzha and Sri. Raju, Head of the tribal colony lead the programmes.



Community Life, Institutions

The Muthuvan community settled in Therakkudy-a tribal village inside Urulanthanni Forest is unique in their practices and rituals. They follow a very systematic custom within themselves and have their own system for administration and functions of the village. The critical element of this tribe is that they value themselves as one of the elite groups among the tribes in Kerala. Though they often interact with the outside world for necessities like healthcare needs, educational purposes etc, they are reluctant to completely be a modern community. However they don't possess so much of primitive tribal culture and on first instance, they seem like any other common villager. But taking a deep context they are more than that. They live in the heart of the forest and thus is prone to danger from wild animals, forest fire etc.

The settlement at Therakkudi comprising of 25 families seemed to live in harmony under the control of mooppan-the head of the village. There is dominance of men in the tribe and women tend to spend the life serving the family. The male members work for the livelihood through ways of small scale farming, collecting forest products etc. The present generation is making a drift from this by acquiring education. However due to remoteness and difficulty to reach the village, most of its members stop the study in a middle path. They have their own justice system to resolve the problems which is headed by the mooppan and comprises the male members of the tribe. They have a distinct system of wedding ceremony wherein the bride and groom are hidden by their groups between the bushy fields and finding each other would mark the win of game and marriage being validated. Matrimonial alliances from other places were also common among them. Most of the families had 2-3 children and were sent to Ernakulam for primary education.

The festival called samoot is celebrated annually for which people outside the village are also permitted to visit and enjoy the time. There would be traditional art forms like 'kottu' and 'paattu' performed by the members of the tribe. They celebrate it wearing newly bought clothes and preparing traditional food. They also have celebrations on occasions like onam and vishu.

It is the older generations of the tribe that uphold most of the values and traditions and adhere to the same. The younger generations having comparatively frequent communication with the outside world have started thinking beyond the borders of their settlement and forest. Though it is only a few among new generation having acquired higher education, they don't tend much to search for a job and depend on it for survival.

Social Life

This group of tribes has a social mode of lifestyle that they don't get excluded from the outside world. Most of them are fluent in speaking Malayalam and even one member of a family in the settlement replied a "Thank you" in English after getting a compliment. This

indicates how much their lives are now influenced with the modern day. They were not reluctant in talking to us about their life but only after creating a rapport.

Their interaction with outsiders is for the purpose of amenities of healthcare and education. However within the settlement they work for each other in co-operation. The rationale behind this could be that all the families in the settlement fall under the same family hierarchy. A distinct feature of the settlement is that men and women have separate place for socializing. The major decisions are discussed and taken from the men's place and women's division is meant for sheltering menstruating women and also for other leisure activities. The constant mingling with the outside world and fluency in local language is in fact a distinct factor of this tribe.

Resource Use

The inhabitants of Therakkudi largely depend on the natural resources available in and around the settlement. They cultivate vegetables and basic plants for personal use in their own land. The male members of family collect honey from the forest which is sold in the market outside the forest though in absence of good agents they get a low price for the produces. Almost all the members were seen engaged in tapping rubber and making rubber sheets in a small scale. Pepper, turmeric and coco are also main cultivates for sale. Number of common wells present inside the village is used for irrigation, drinking, and other household purposes. Most of the houses in the village are made up of bamboos and floor with mud which make the house appropriate for a comfortable stay. The mats used are also handmade with the raw materials taken from the village itself. It is the self cultivated vegetables that they use for daily food along with the ration provided by government.

Value System

The system of Therakkudy is based on traditions passed on from older generations and religion. They are well cultured and mannered. Helping each other and having a brotherhood and harmony within the village was evident that each member had although of common good among themselves. They followed Hinduism and had a small place of worship where Sreekrishnan was the deity. Each house had a system of lighting a lamp in the evenings and marking the worship on a daily basis. They also possessed a respect for the government and were of the view that changing governments don't matter since they are satisfied with the schemes that are implemented for them. Having connected to aadhar and getting benefits from the government, they seemed to be least bothered about the political parties.

33rd South Zone Inter University Youth Festival

The cultural team of Cochin University of Science and Technology has participated in Mimicry, Mime, Skit, Classical Music, Light Vocal Solo, Percussion Solo Eastern, Non Percussion Solo Eastern, Western Instrumental, Western Vocal Solo, Western Group Song, Eastern Group Song, Elocution, Debate, Quiz, On the spot painting, Collage, Poster Designing and Installation in the 33rd South Zone Inter University Youth festival organized by the Ministry of Youth Affairs and Sports Government of India and Association of Indian Universities held at Hindustan University Chennai during 18th to 22nd 2017. The team secured five positions (in the events, Mimicry, Debate, Western Group, Mime and runner up in theatre) in the Youth Festival and got selected to



participate in the 33rd All India Inter University Youth Festival scheduled to be held at Ranchi University, Ranchi, Jharkhand during 16th to 20th February 2018, in the events, Mimicry, Debate, Western Group and Mime. The prizes are:

- Runner up champion in Theatre
- First in Mimicry
- Second in Debate
- Third in Mime and
- Third in Western Group Song.

Dr. P.K Baby, director, Department of Youth Welfare and Dr. P. Mythili, Associate Professor School of Engineering accompanied the team as team managers. The team started from the campus on 17th noon and back 23rd noon.







33rd National Inter University Youth Festival

February 16-20, 2018

Ranchi University, Jharkhand

The cultural team of Cochin University of Science and Technology secured five positions in the 33rd South Zone Inter University Youth Festival held at Hindustan University Chennai during 18th to 22nd 2017 and selected to participate in the 33rd National Inter University Youth Festival jointly organized by the Ministry of Youth Affairs and Sports Government of India and Association of Indian Universities held at Ranchi University, Ranchi, Jharkhand during 16th to 20th February 2018, in the events, Mimicry, Debate, Western Group and Mime.

The prizes are:

- Second in Debate
- Third in Mime and
- Third in Western Group Song.

The team consisting 25 members started from the campus on 14th morning and reached back on 24th morning. Dr. P.K Baby, Director, Department of Youth Welfare and Dr. Mythili P, Professor, School of Engineering accompanied the team as team managers.





ആദിവാസി കോളനിയിൽ സഹവാസ ക്യാമ്പുമായി കൂസാറ്റ് വിദ്യാർഥികൾ

കൂട്ടമ്പുഴ: ഗ്രാമീണ ജീവിതത്തിന്റെ മൂല്യബോധങ്ങളെക്കുറിച്ച് പഠിക്കാൻ കൂട്ടമ്പുഴയിൽ കൊച്ചി സർവകലാശാല വിദ്യാർഥികളുടെ സഹവാസ ക്യാമ്പ്.

കൂസാറ്റിലെ യുവജനക്ഷേമ വകുപ്പ് സംഘടിപ്പിച്ച 'ബാങ്ക് ടു വില്ലേജ്' എഡ്യൂക്കേഷൻ ആന്റ് എക്സ്പീരിയൻസ് എന്ന പരിപാടിയുടെ ഭാഗമായാണ് 35 വിദ്യാർഥികൾ യൂത്ത് വെൽഫെയർ ഡയറക്ടർ ഡോ. പി. കെ. ബേബിയുടെ നേതൃത്വത്തിൽ കൂട്ടമ്പുഴയിൽ എത്തിയത്.

സെപ്റ്റംബർ 30 ന് എത്തിയ സംഘം തികളാഴ്ച മടങ്ങി. ഗ്രാമീണ-ഗോത്ര ജീവിതം, അന്ധരുടെ വിഭവ ഉപഭോഗ രീതി,



കൊച്ചി സർവകലാശാല വിദ്യാർഥികൾ കൂട്ടമ്പുഴയിൽ നടത്തിയ സഹവാസ ക്യാമ്പിൽനിന്ന്

പാർശ്വവൽക്കരിക്കപ്പെട്ട ജനതയുടെ മൂല്യ വ്യവസ്ഥകളും, അവരുടെ അതിജീവനം, പൊതു കൃഷിയിടങ്ങളും, പ്രാദേശിക കൃഷിയും അത് നൽകുന്ന ശീലകൾ, ഭാഷാ സഹവാസ

ക്യാമ്പിന്റെ ലക്ഷ്യങ്ങൾ. ആദ്യ ദിവസം സംഘം പത്ര പ്രകോളന പ്രദേശം സന്ദർശിച്ചു. രണ്ടാമത്തെ ദിവസം രാവിലെ ജീപ്പിലും ചങ്ങാടത്തിലുമായി മൂന്നു മണിക്കൂറോളം യാത്ര ചെയ്താണ് മുതലാളിത്തം യാത്രാ വർഗത്തിൽ പെട്ട തേരക്കുടി കോളനിയിലെത്തിയത്. അവിടെ വീടുകളിൽ ഒരു ദിവസം വിദ്യാർഥികൾ ചെലവഴിച്ചു. കൂട്ടമ്പുഴ ഹെൽത്ത് സെന്ററിലെ ഡോക്ടർ അനൂപ്, കൂട്ടമ്പുഴ പഞ്ചായത്ത് അംഗം കാത്തി, സ്കൂൾ പ്രിൻസിപ്പൽ ഷീല എം. വർഗീസ്, പി.ടി.എ. പ്രസിഡൻ്റ് സജീവൻ, മുപ്പൻ രാജു എന്നിവർ വിദ്യാർഥികൾക്ക് അതിന് സഹായമാനുഭവിച്ചു.



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